

SleepCurve®



Activity / Changing Mat | 53 x 85cm

Introducing the Next Generation of Baby Mattresses

The only mattress range with SleepCurve® technology, developed by a leading Paediatric Cranial Osteopath, designed to provide the most comfortable sleep for your baby and prevent Flat Head Syndrome.

SleepCurve® mattresses are uniquely shaped to help reduce pressure on the skull and allow the head to rotate freely, proven to help in the prevention and treatment of Flat Head Syndrome. The patented design of SleepCurve® mattresses promotes a neutral head position which keeps airways open and the shape mimics the way a mother naturally cradles her baby in the crook of the arm, increasing baby's comfort. A gentle slope from head to foot is incorporated to help reduce the problem of acid reflux.

SleepCurve® Baby Mattresses are designed to:



Keep baby cooler and more comfortable



Aid breathing and promote better posture



Remedy / prevent Flat Head Syndrome



Reduce reflux for a better night's sleep



Allow baby's head to move freely



The Expert

Philip Owen, D.O., B.Sc. (Hons), is a leading Paediatric Cranial Osteopath having spent 20 years studying and treating tension in babies' skull bones.

His pioneering research has significantly advanced our understanding of babies' and children's sleep problems arising from tension in the bones of the skull.

"The SleepCurve mattress has been designed with babies in mind, striving to provide the most comfort and support, just as any parent does when holding their baby in the crook of their arm. The ergonomics of the SleepCurve mattress, with its unique moulded curve, supports babies like no other mattress" Philip Owen, D.O., B.Sc.(Hons).

How to use your SleepCurve® activity mattress

Read these instructions before use and then retain for future reference. If you give this activity mattress to anyone else, please pass these instructions with the product.

1 Before using your SleepCurve® Mattress

Like all new mattresses, we recommend unpacking your SleepCurve® mattress and allowing it to air for at least 24 hours before use.

2 Preparing your Activity / Changing Mat Mattress

The SleepCurve® multipurpose Activity Mat is ideal as an activity mat, changing mat and travel mat and is a perfect addition to complement the SleepCurve® mattress range.

The mattress provides enhanced support and comfort for babies relaxing on their back, for example whilst under the play gym, supporting and protecting your baby and ensuring they are in the correct position for easier breathing and greater comfort.

If placing the Activity Mat / Changing Mat off the floor (e.g. on a table or stand) please ensure it is stable so it cannot fall or move, even if the baby moves.

3 Placing your baby on the SleepCurve® Mattress

When placing your baby on his / her back, make sure the back of the head fits snugly and comfortably into the hollowed out curved area of the mattress. This will place your baby in the most comfortable and optimum position. As with other manufacturers, we strongly advise a new mattress should be used for a new baby.

Other information

This product is designed to be used in daytime situations, for example, underneath a play gym during changing and when out and about.

PRODUCT SAFETY - this mattress is moulded from a high resilience polymer foam and complies with all relevant UK safety standards for baby mattresses. Sleep baby on the back from birth and not on the tummy or side.

Please note: There is no evidence to suggest of any safety issues if your baby stays on the activity / changing mattress.

You can obtain useful information about safe baby care and advice at lullabytrust.org.uk



Care for your SleepCurve® mattress

The SleepCurve® Activity mattress covers can be wiped clean by hand using a cloth and mild non-biological cleaning product and / or sanitiser.

Mattress covers should not be tumble dried, ironed, dry cleaned or bleached.

The mattress itself should not be washed. If anything is spilt on the mattress we would recommend leaving the cover on the mattress whilst you wipe the affected area with a damp cloth. This will avoid damaging the structure of the mattress. Make sure the mattress is thoroughly dry before use.

Baby Sleep Do's & Dont's

- ✓ Always place a baby on its back. The mattress is not designed for baby being face down on the mattress.
- ✓ Place baby in its own safe sleeping environment next to the parent's bed for the first six to twelve months.
- ✓ As an alternative to bedclothes, using a baby sleeping bag (fitted with neck and arm holes) is strongly recommended when using a SleepCurve® mattress.
- ✓ Always leave a baby's face uncovered.
- ✗ Do not share sleeping surfaces with baby.
- ✗ Baby should not be attached to or be able to touch anything that hinders free movement.
- ✗ Avoid exposing infants to cigarette smoke before birth and after.
- ✗ To avoid the risk of pressure sores, do not keep baby on any surface or mattress for unusually long periods of time.

WARNINGS

Not to be used for babies under 5lbs (approx. 2.3kg) in weight*

Ensure no more than 1cm space between the mattress and moses basket sides. Any gap between the mattress and the moses basket could form a trap point for the baby and be extremely dangerous.

Do not use the mattress on top of any other mattress or cushion.

Ensure mattress cover and sheet are properly fitted and zipped closed.

Never use a cover or sheet which is damaged or cannot be fully zipped closed.

As with any other baby mattress, this mattress may not soak up vomit. Pooled vomit can be extremely dangerous for baby.

*You should not use the SleepCurve® mattress if your baby is under this weight limit without prior consultation with your midwife or health visitor, to confirm the head support area suits your baby. The fact that your baby may have been born prematurely does not mean that you should not use the SleepCurve® mattress, provided that your baby has attained the required weight limit. If your baby has any complications arising from being born prematurely or is receiving treatment for a medical condition or disability, you must seek specialist paediatric advice from a doctor, occupational therapist or other qualified healthcare professional before using the SleepCurve® Mattress.

